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## **Our Chosen Charities** <sup>[1]</sup>

At Sydney Mitchell we pride ourselves in supporting local charities where we can. Our staff were asked to suggest charities that they would like to support in and around the Midlands.

As a result of this, our nominated chosen charities currently are:

- The Buddy Bag Foundation
- Age UK Solihull

Both charities are based in the Midlands and do great work in and around the Midlands helping both young and old old in the community.

We have done a number of fundraising events, including charity balls, charity quiz, charity golf days and much more.

## **About our chosen charities**

**Age UK Solihull**



Age UK –

Solihull provides help and support to older people in the borough of Solihull. The Vision of Age UK Solihull is of a world where older people flourish and our Mission is to improve the lives of all older people in the borough. The Core, Central Library Building, Solihull, B91 3RG

0121 704 7840 [info@ageuksolihull.org.uk](mailto:info@ageuksolihull.org.uk) <sup>[2]</sup> @ageuksolihull **Charity number 1055887**

**Buddy Bag Foundation**



The Buddy Bag Foundation was created in response to the rising number of children who enter emergency care after fleeing violent situations at home. The Foundation helps restore a sense of safety and security into a child's life during a traumatic time. By providing these children with a few essential items, the charity can help make the transition into emergency care a little easier. Over 48000 children require emergency accommodation each year in the UK. Founder Karen Williams launched the Buddy Bag foundation in 2014 after being inspired by the Alannah and Madeline Foundation in Australia. [hello@buddybagfoundation.co.uk](mailto:hello@buddybagfoundation.co.uk) [3]

[www.buddybagfoundation.co.uk](http://www.buddybagfoundation.co.uk) [4] @buddybagsuk **Charity No. 1164916**

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#### Links

[1] <https://www.sydneyemitchell.co.uk/main-menu/our-chosen-charities>

[2] <mailto:events@ageuksolihull.org.uk>

[3] <mailto:hello@buddybagfoundation.co.uk>

[4] <http://www.buddybagfoundation.co.uk>